



#### "92% OF PEOPLE DON'T ACHIEVE THEIR GOALS."

- UNIVERSITY OF SCRANTON

早

#### WHAT YOU DO MATTERS

# 







"CONSISTENTLY IMPROVES PERFORMANCE."







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"INCREASES PRODUCTIVITY BY 13%"







"CONSISTENTLY IMPROVES PERFORMANCE."



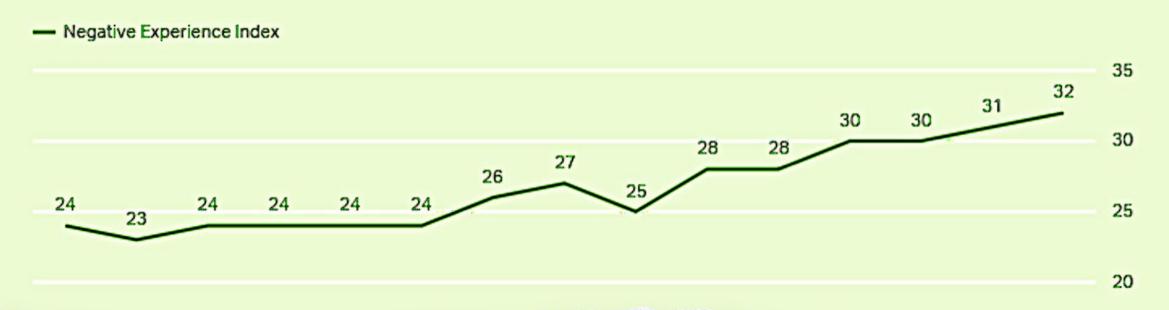
"INCREASES PRODUCTIVITY BY 13%"



"ADD UP TO 12 YEARS TO YOUR LIFE."



#### World's Negative Experience Index Rises to New High



### RECORD-SETTING LEVELS OF NEGATIVITY; AND INCREASING EACH YEAR.

**GALLUP** 

### THE MAJORITY OF OUR THOUGHTS ARE NEGATIVE, REPEATING, AND CONTAGIOUS.



### RECORD-SETTING LEVELS OF NEGATIVITY; AND INCREASING EACH YEAR.

**GALLUP** 

**STRESSED COMPARING JUDGEMENTS OVER-COMMITTED DRAINED NEGATIVITY NERVOUS UNDER-QUALIFIED NO TIME PRESSURES BURNED OUT SCARED NO CONFIDENCE ANXIOUS HECTIC NO RESOURCES EXHAUSTED UNSKILLED** 

**STRESSED** 

COMPARING

**JUDGEMENTS** 

DRAINED

COMMITTED COMMITTED

NEGATIVITY

UNDER-QUALIFIED

### UNSTOPPABLE

**BURNED OUT** 

EC CO LAIOUS

NO CONFIDENCE

**NO RESOURCES** 

**EXHAUSTED** 

UNSKILLED



## CLEAR WITH COURAGE

ALEX WEBER



# GOAL WISION

#### WHAT DO YOU REALLY WANT?

## NEXTLEVEL DREAM





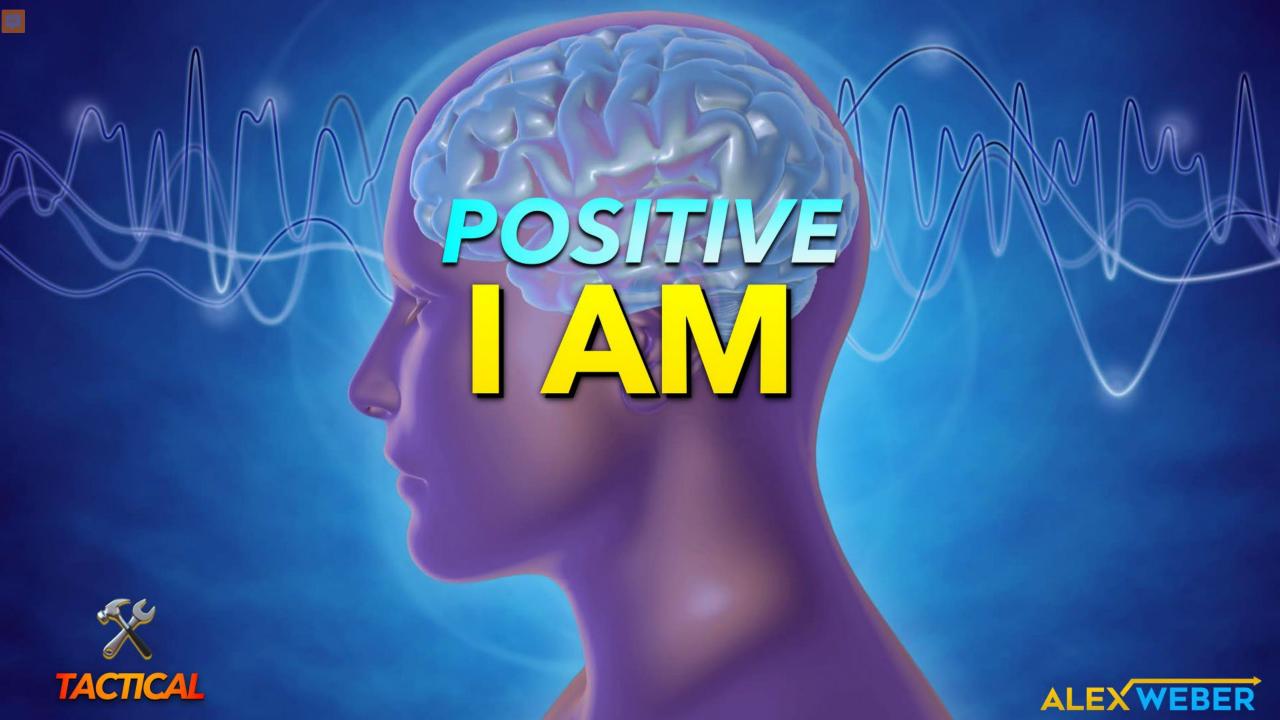






# 2 CLAIN IT WITH A CAUSE

**ALEX WEBER** 









# WHEN YOUR LIFE CHANGES







## YOU HAVE A CHOICE.







**CHALLENGING** 

STRESSED

**NEGATIVE** 

NO RESOURCES

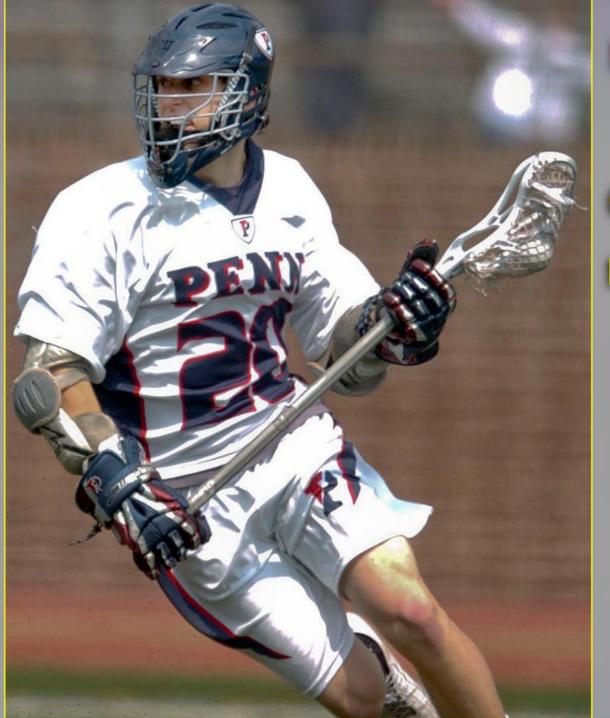
NO TIME

**BURNED OUT** 

COMPARING

DISENGAGED

SCARED



**NOT CONFIDENT JUDGEMENTS OVER-COMMITTED** NOT GOOD ENOUGH **NERVOUS EXHAUSTED PRESSURES ANXIOUS** 

UNQUALIFIED

#### "THE BIGGEST COMMITMENT YOU MUST KEEP IS YOUR COMMITMENT TO YOURSELF."

**NEALE DONALD WALSCH** 



> > >

## WITH CONFIDENCE

ALEX WEBER



#### DO THEN BELIEVE

WHAT IS YOUR BOLD COMMITMENT TODAY?



> > >

### 4 COMECT WITH HIGH-CALIBER COMMUNITY

ALEX WEBER





**CHALLENGING** 

**STRESSED** 

**NEGATIVE** 

**DRAINED** 

**APATHETIC** 

**BURNED OUT** 

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HECTIC

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NOT CONFIDENT

**JUDGEMENTS** 

**OVER-COMMITTED** 

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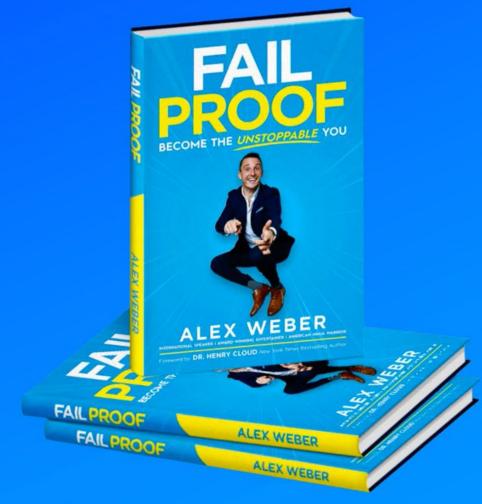
**NEGATIVE** 

**PRESSURES** 

ANXIOUS UNQUALIFIED







amazon BARNES&NOBLE





# WE ALL FALL. BUT HOW YOU LEAD DECIDES EVERYTHING.



## YOUR CHALLENGES CREATE YOUR GIFIS

**ALEXWEBER** 

#### UNSTOPPABLE LEADERSHIP

**CHALLENGING** 

**STRESSED** 

**NEGATIVE** 

**DRAINED** 

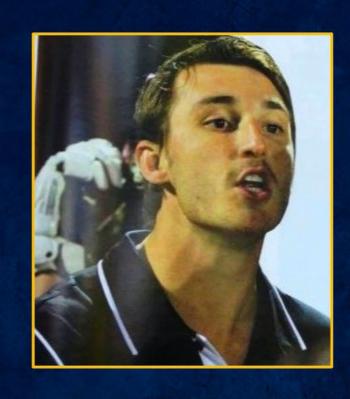
**APATHETIC** 

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#### LOS ANGELES CHAMPIONS

## COACH of the YEAR

alex WEBER

#### **RECORD: 15-4**

BY SAM SACHS

interim head coach for the Los deficits on their way to a 15-Angeles-area champion Wolver- cord including an 6-2 league of ine lacrosse team, Alex Weber is the Big Red Coach of the Yest. Weber was named interim head coach in fanuary after previous head coach Jay Pfeifer resigned and he has not looked back since.

Weber lead the team to a share where he was a four-year of the Mission League championship, a second place finish in the Southern Section and the afore-year. mentioned Los Angeles-area championship.

"I'd like the community of Harvard Westlake lacrosse to continue to grow. We have a very special group between the players, parents, coaches and school. It's a wonderful to be a part of, and growing it can only lead to good things," Weber Wolverines lacrosse play

This lacrosse community includes Mission League Player of the Year, Jack Temko '14. Temko offered high praise for his coach.

"He can get us hyped up for anything," Temko said, "He's

Refore assuming head ing responsibilities for the W ines, Weber was an assistant

Weber played college is at the University of Pennsy letterman and he earned Aca All-American honors his

The interim head coach stilled a sense of discipline year's Wolverines. Weber into the season focusing proving the decision makin young team and trying to el mental errors.

Despite injuries to man cluding two of the eight so the team, Luke Holthouse Nick Nathanson '13, We able to keep the season on utilizing the squad's depth-

"My expectations we to be prepared and play of



Boys' High School COACH OF THE YEAR

Alex Weber

Harvard Westlake High School

#### UNSTOPPABLE LEADERSHIP

#### POWERFUL QUESTIONS

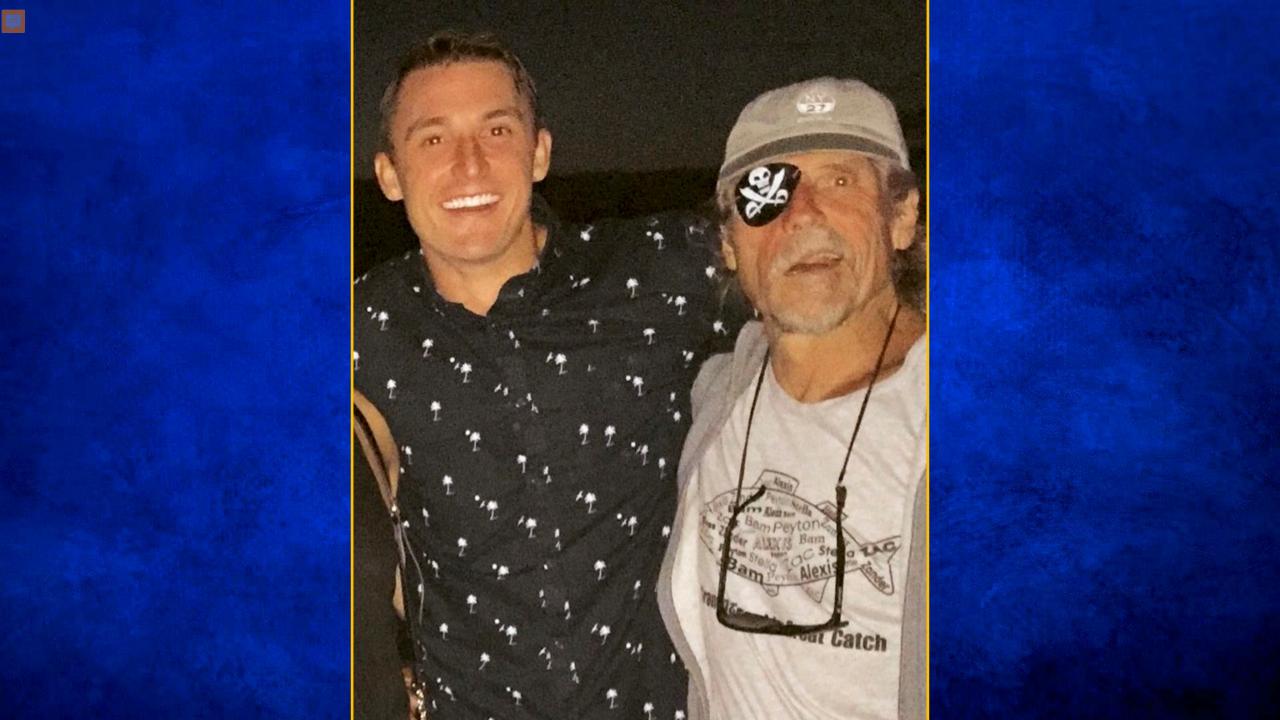
ARE WE ON THE SAME TEAM?

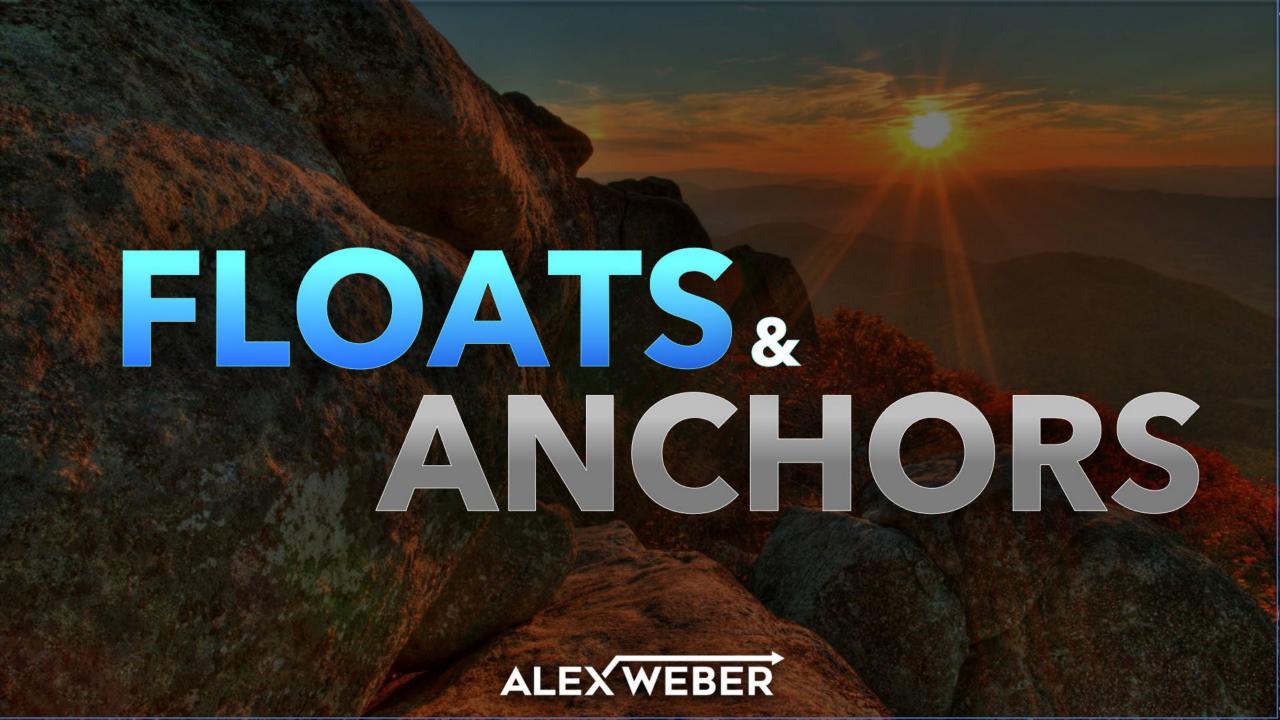
WHAT COULD THIS BE FOR YOU?

WHAT CAN I DO SO WE WIN TOGETHER?

#### UNSTOPPABLE LEADERSHIP

# PERS N UNDER THE PATCH









# LEAD YOUR REACTIONS



"Once triggered, I have a physiological experience.

After 90 seconds, it's over.

If, however, it continues then it means that

I have chosen it."

- DR. JILL BOLTE TAYLOR HARVARD BRAIN NEUROANATOMIST





#### YOU ARE AT YOUR BEST WHEN PEOPLE NEED YOU



**NEW ORLEAN SAINTS** HOUSTON ASTROS LAS VEGAS GOLDEN KNIGHTS **NEW YORK YANKEES BOSTON RED SOX BOSTON BRUINS NEW ENGLAND PATRIOTS** JAPANESE NATIONAL SOCCER TEAM



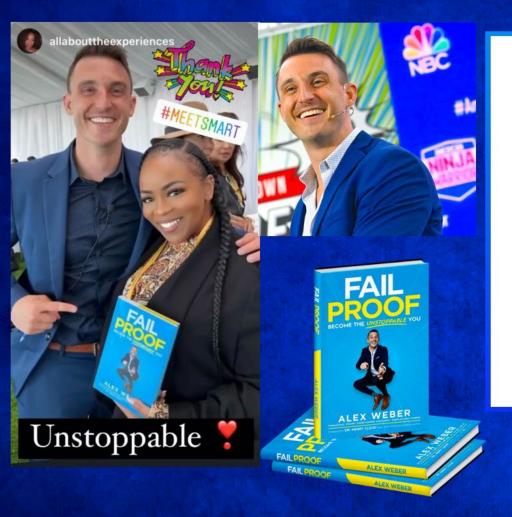








#### YOUR UNSTOPPABLE ACCESS





- Free BOOK PFD
- > FLOATS Resource
- > Alex SPEAK to YOUR GROUP!
- Connect Direct with Alex
- Alex's Podcast & More!

## 1 CLEAR WITH COURAGE 2 CLA WITH A CAUSE



## 3 COMMENCE COME WITH COMMUNITY





# 5

# CHOSE UNSTOPPABLE



**ALEXWEBER** 

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**JUDGEMENTS** 

## CHOOSE TO BE UNSTOPPABLE

**BURNED OUT** 

TODAY HECTIC ANXIOUS

**NO CONFIDENCE** 

**NO RESOURCES** 

EXHAUSTED

UNSKILLED

